



Going Deeper!!

Trinity Baptist Ladies' Retreat at Gull Lake Centre May 24-26

With our very own Ashley Winkel (guest speaker) and Patti Clark (music)

Come prepared to laugh and listen to Ashley Winkel, as she will be our guest presenter with Patti Clark providing the music.

We are so glad that you have decided to join us! Early bird special is \$165.00 before April 30 and \$185.00 after that date. Saturday only option \$70.00/

Please let us know if you need help with payment of the registration fee. If you are able to give a little more to help another person participate, please add it to your registration.

COST: What does this get you? Two nights in the Retreat Centre, four meals, snacks, A TON of fun with full programming.

Activities

Painting/ jewelry with Ora Barker
Prayer walk
Sitting on beach
I want to veg
Stretching with Michalene Giesbrecht

Hiking
Continue painting/jewelry
Canoeing/kayaking
Campfire

Items to Bring

Sleeping bag/pillow/sheets(single mattress)
Water Bottle
Beach clothes
Camera

Towel and toiletries
Yoga mat
Warm clothes
Bible/journal/pen

Please complete this registration form, retain a copy for yourself and return with payment to the Information Desk by May 12th. Cheques payable to Trinity Baptist Church to accompany registration form.

Name/Address: _____

Telephone : _____ **Email:** _____

Allergies/Diet Restrictions: _____

Roommate: _____

Emergency Contact: _____

***Please note Gull Lake Centre is alcohol and peanut free**